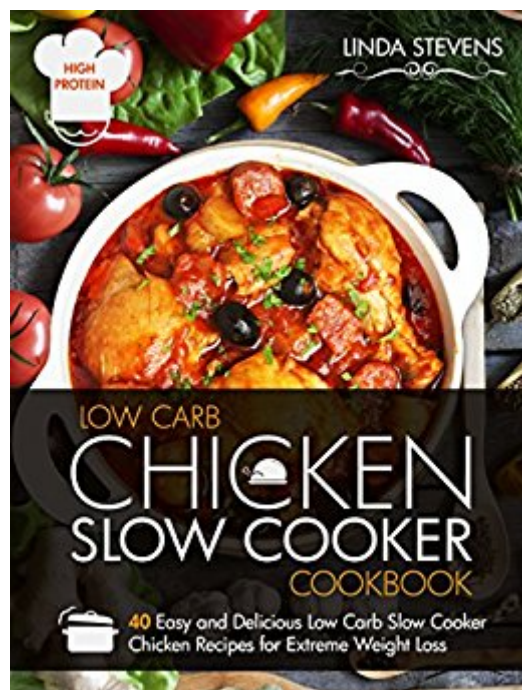




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Low Carb Chicken Slow Cooker Cookbook: 40 Easy And Delicious Low Carb Slow Cooker Chicken Recipes For Extreme Weight Loss



Synopsis

ENJOY EASY AND DELICIOUS LOW CARB SLOW COOKER CHICKEN RECIPES FOR EXTREME WEIGHT LOSS STARTING TODAY! 40 Easy and Delicious Low Carb Slow Cooker Chicken Recipes brings dynamic flavour to the one great meal mainstay: chicken. Allow all forty slow cooker low carb chicken recipes to fuel you in your desire to lose weight, seek essential nutrients, and build muscle. The slow cooker lifestyle is essential to create a nutritive and colourful diet plan in just a few minutes, even with the very hurried nature of your work and play-filled life. As the winter weather creeps closer, look to the warmth and goodness of chicken: a natural antidepressant, a thyroid regulator, a metabolism booster, a bone builder, and a cancer-fighter. Pull a few ingredients together in the slow cooker, toss colourful vegetables and spices into the mix, and give the ingredients a good stir. The very precise recipes outlined in this book have been tested to create beautiful, succulent dishes for any occasion. Walk away from the slow cooker, go about the busy hours of your day, and return to a steaming plate of flavourful chicken, each serving with a net carbohydrate count of ten carbs or less. The nutritional world of slow cooking and the warmth and goodness of these recipes will charge you through the winter months and fuel you through the rest of the year as you casually lose weight through the natural properties of the low carbohydrate diet. You can eat well and live well. You can create marvellous dishes, lose weight, and beat back against the shocking cold of winter. Create a low carbohydrate chicken plan for your life and skyrocket yourself to better health. Just to say Thank you for checking out this book I would like to give you a FREE report - Weight Loss Metabolism Secrets: Discover the Secrets to Firing Up Your Metabolism to Achieve Lasting, Natural Weight Loss. Go to weightloss-tips.ca to grab your free copy now! SCROLL UP AND CLICK BUY TO DOWNLOAD YOUR COPY INSTANTLY Just to say âœthank youâ • for checking out this book, we would like to give you a free WELLNESS GUIDE! Please visit: www.fruitfulbooks.com to grab your free copy now!

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Customer Reviews

I recently broke the glass lid of our 32 year old wedding present slow cooker and hence received a new slow cooker for Christmas. Having the new shiny slow cooker has peeked my interest in slow cooking again. I was therefore greatly pleased to find this book containing 40 low carb slow cooker recipes for chicken. My husband and I being empty nesters all too often resort to the quick trip to the nearest take-out place for dinner. Using this book, I have made the Perfect Parm Chicken Soup. What a delicious meal it made and I loved knowing all day that it would be ready for us to eat when dinner time came around. I didn't have to think about what to make all day. Another time I made the Parisienne Poulet. It was as yummy as it sounds! I added a quick salad and dinner was done!! will be using more of the recipes in my new crock pot, even during the summer months because the slow cooker does not heat up the kitchen, and I'm even busier in the summer than I am during the winter! Even if you are not counting carbs, this book should become your go-to cookbook for healthy and delicious meals!

I read the recipes in this book to see if there is something new to catch my attention. WOW... lots of new recipes, most take less than 10 minutes to prepare then you go and live your day and have a wonderful low carb dinner waiting for youenjoy! I am trying the cowboy crock pot chicken with only 3 or 4 ingredients tomorrow!

It is way over priced for what it is. I could make a better book with a copier machine and a stapler

Nothing better than a good slow cooker recipe that is low carb and will be ready when you get home

A gift my grand daughter enjoyed as it helps with her diabetes.

Securely packaged. Very pleased. Thank You!

good recipes

Great Book! Loved it!

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